Powick Times



A free monthly newspaper for Powick, Callow End and surrounding villages

Issue 4 June/July 2023 FREE



June has been a lovely warm sunny month; with a marvellous contrast to the long dull winter.

With many summer events going on in, and around Pershore. The Coronation in May seemed to cheer everybody, with great pageantry, street parties and communities joining together, a very happy time. This seemed to set the tone for June and with the fantastic weather all seemed wonderful. The events in Parliament, Europe and around the world seemed a long way away from our idyllic setting.

The ever popular Upton Blues Festival is taking place with many other events, open gardens, Fetes, bowls and cricket. Nationally we have the 'Ashes' Test Cricket against Australia and the Wimbledon Tennis Tournament, both very popular and exciting events. We had some challenging times in late May and early June, when three of our team members were taken ill with various serious illnesses. They are all recovering and are back with us, but only on a part-time basis. We have produced each of our three newspapers for

July and expect to get back to full production very soon. All is looking very positive and we thank everyone for all the kind messages we have received.



Daily online newspaper! 10500 followers

Free daily news items, which we are unable to cover in the monthly publication.

www.powicktimes.com

ANNOUNCEMENT!

Unfortunately, three team members were all taken seriously ill at the end of May. This resulted in us being unable to print a June edition on time.

The June edition was only available online.

Hence, the combined June/July Papers.

Thanks for your understanding and all the get well wishes sent to our team members.

Ed.





Help wanted.....

Is anyone prepared to help clean the brass at church? Please let Janet or Richard know if you are interested.

The Reverend Gary Crellin

Vicar of the Parishes of Powick, Guarlford & Madresfield with Newland

The Old Hills Malvern Group of Churches

Your Church in Powick - St Peters
Your Church in Callow End - St James
Your Church in Guarlford - St Marys
Your Church in Madresfield with Newland - St Marys

www.oldhillsmalvern.co.uk

Contact details - 01905 830270



Study of landscape archaeology

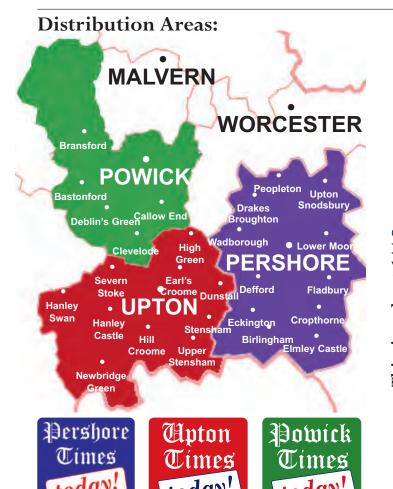
South Worcestershire Archaeological Group (SWAG) is a group formed in 1981 to study landscape archaeology and has a programme of lectures, walks and fieldwork. We meet indoors during the winter for a series of talks on a wide-ranging series of topics from Castle development to Witches Marks! Our summer programme is usually a number of walks investigating the landscape and including the development of villages and towns. Last year we visited Ludlow and Tewkesbury looking at lesser known parts of those towns. In the past we have visited many local towns and villages, some of which need a revisit as historical and archaeological discoveries

We have participated in many archaeological activities including field walks, finds washing, a look at deciphering ancient documents and some experimental pottery making. We try to have ideas to suit many people.



This year we have had a most interesting tour of the canal and docks at Stourport. Our next walk is a trip to investigate the remains of the Gloucester to Hereford Canal then a continuation of an exploration of Stourport docks with a possible boat trip. În August we have a social event to celebrate the Coronation at Callow End Village Hall with a prize for the best crown! We are always pleased to welcome new members either as a one off or to join us in our many activities.

For more information please contact Mike Ellison on 07738995825 or wmellison@tiscali.co.uk or: swagmembership@gmail.com





Callow End Club



Callow End 'A' snooker team who play in the Worcester snooker league, attended the presentation evening / AGM at the Bedwardine Inn, Worcester on 2 nd June to collect the spoils of their successful season of 2022/23.

The team have been promoted to the first division having rejoined the Worcester league following the covid lockdowns and winning the second division by 6 points.

Si Webb won the division averages, with the team having four players in the top ten.

Jon Lewis came second in the highest breaks with a 58. Following the loss of Paul Lampitt after a long illness the club donated a cup to the league in his memory. Paul had been a club member and played snooker at the club for many years. The Paul Lampitt Cup replaced the former Thurstons Cup and Callow End 'A' were fortunate enough to win this competition to take the cup to its home at least for one season. The cup was presented by Pauls' partner following the match.

New care home gives 'buddy bench' prize to Malvern parish school

This week, Elgar Court Care Home in Malvern, presented Malvern Parish School with a 'Buddy Bench', which was won by the children in a competition they ran this year. Elgar Court Care Home invited local schools to think up names for the three communities in their home. The lucky winners were Malvern Parish School and their School Council coming up with the winning names; Ground floor —

Ground floor –
Peachfield Community
1st Floor Foley Community
2nd Floor –
Beacon Community
When Malvern Parish School

first heard they won the competition, they were delighted, and as it was a whole school effort, the children asked for a donation towards a new 'Buddy Bench' for the playground and Elgar Court were happy to oblige for such a good cause. Becky Hughes, the Teacher who led this activity with the school council said 'the children got really involved in the Elgar Court naming activity, and took advice from some of the local grown ups to get their inspiration! It was part of their mission this year to get a new bench, and we are over the moon as the old one was really old'.

Powick Community Choir charity donation



Powick Community Choir and Sabrina Voices would like to thank everyone who attended their recent concert at RGS, Worcester.

We are delighted to announce that we raised £540 in the retiring collection that is being split between Acorns Children's Hospice and St Richard's Hospice.



Would You Like to Join Us?



Powick Community Choir is always on the lookout for new members. Previous choral experience or the ability to read music would be an advantage, but not essential. We sing an eclectic range of music from choral

classic to music from stage and screen. We also enjoy singing music written by our Musical Director and are regularly able to perform with a professional orchestra.

We practise on Thursdays from 7:00 to 8:15 p.m. and Sundays from 4:15 to 5:45 at Powick Parish Hall.

There is no requirement to attend both sessions although many do.

If you are interested in joining or would just like more information, then please take a look at our 'Frequently Asked Questions' page www.powickcommunitychoir.info or please feel free to call our musical director, Tom Wells, on 01905 831752



Mark & Winifred offer you a warm welcome to their traditional **Country Inn**

Situated in the beautiful village of Kinnersley approximately ten miles south of the City of Worcester.

Bar Open

Everyday 12 noon - 11pm

B&B accommodation, all featuring en-suite, TV with tea & coffee making facilities

The Royal Oak Kinnersley WR8 9JR 01905 371482

theroyaloakkinnersley@gmail.com www.theroyaloakkinnersley.co.uk

The Complete Package



Free Monthly Newspapers plus online versions

Immediate access to over 25,000 readers and online followers

Advertisements available from £15.00 Pay as you go monthly advertising - No contracts

E-mail edition

today! - Daily online newspaper for PC, tablets and smart phones

Editorial is free

News: email: news@hughes.company Advertising: email: advertising@hughes.company

Tel: 01386 803803



www.martinandcarrvets.co.uk

E HILL & SON

Funeral Directors Ltd Defford Road, Pershore

01386 552141

www.ehillandson.co.uk

for over 60 years. Private Homely Facilities.

Faithfully Serving Our Community Reputation for Dignified, Quality Service. Golden Charter Funeral Plans Available. Privately owned by Beverley funerals

Need help with your computer or tablet?

We help everyone, especially senior ones, to use their devices effectively. We offer to set-up, speed up or fix any problems with your new or old devices, cheaper than retailers. We also:

- Build or update websites for business or personal use.
- Create 360º Virtual tours/walkthroughes.

Are you interested?

01386 860470 / 07899 743854 teachteacher.pershore@amail.com antonionardini.com



A few words from... Harriett Baldwin MP



Hopeful for Bus Service Improvement

Harriett Baldwin MP has welcomed confirmation that Malvern's main bus service operator is looking to improve services following a meeting last week.

Harriett met with First Bus managing director Doug Claringbold to talk about the company's plan to improve local services. The MP shared concern about the recent decline of routes including the important 42 route as well as asking for later buses on the 44

Last month, the MP helped to launch an on-demand bus service operated by Worcestershire County Council and earlier in the year she gathered local stakeholders to

hear expert views on the state of bus service provision across her West Worcestershire constituency.

The Department for Transport has confirmed that a bus fare cap will be extended into next year with many fares costing iust £2.50.

Harriett commented: "I asked for a meeting with Doug Claringbold to hear his plans and I am cautiously optimistic that he, like me, wants to see more services offered to local people. We talked about the recent shrinking of the 44 route and I gave feedback from constituents that they would like to see Malvern's 42 route back in operation. First Bus is clearly looking for extra subsidies to bring back routes, but I am hoping that better marketing of their services and the Government fare capping scheme will encourage more people to use the bus more. West Worcestershire is a largely rural constituency and I am keen to see the county council work with all of the bus providers to make sure that there is good coverage accessible for local people, which I hope in turn will see more people opt for buses to get around.'

MP 'Concerned' about train ticket Office Closure Plan

expressed her concern about plans to close two ticket offices at Malvern Link and Great Malvern stations. The MP has written to the regulator asking for it to explain the decision taken by West Midland Trains to shut both ticket offices. Harriett has shared her concerns about the impact this may have on local rail users, and in particular the more elderly customers who may not be familiar with getting train information or tickets over the internet or through their mobile phone. Harriett said: "Both Malvern train stations

are popular throughout the day,

Harriett Baldwin MP has

and I am disappointed to see the train operator looking to make these changes. Over recent years we have seen bad reliability for Malvern rail users and now West Midland Trains seem to be unable to provide any hope of improvements. I have asked Transport Focus to immediately review this decision. Great Malvern station is in the middle of a facelift and Malvern Link was only recently improved. I am keen for an independent assessor to look at demand and footfall and ensure that Malvern commuters and visitors to the town are not now deterred from using the train."

Help with home improvements!



I have over 30 years experience in building maintenance having practised as a Chartered Building Surveyor until 2017. Much of my work involved diagnosing building defects, advising on appropriate methods of repair and arranging and managing repair work. I am a hands-on practical person and have enjoyed renovating old cars, furniture and buildings from an early age. I am able to apply the skills, experience and knowledge gained to my current business. I take great pride in my work and provide a friendly but

professional service. Customer satisfaction is important to me. Much of my work is obtained through repeat customers or recommendations. Some of the work I carry out is as follows, however the list is not exhaustive! Interior and exterior decorating including minor plaster and timber repairs. Fitting skirtings, architraves, shelves and curtain rails. Basic plumbing work. Roof repairs and maintenance. Repointing and brickwork repairs. Slab laying and repairs. Fences repaired or replaced. Garden maintenance including grass and hedge cutting, clearing/cutting back/pruning. Feel free to contact me regarding your next building or garden project.

Simon Coldbreath Home Improvements

Repairs & Maintenance Painting & Decorating | Garden Maintenance 07933 632719 | simon.coldbreath@gmail.com www.coldbreathhomeimprovements.com

BPGC MEETING USUALLY THIRD SATURDAY

EACH MONTH.



GARDEN VISITS,
COACH TRIPS TO
INSPIRATIONAL GARDENS.
GARDEN & WILDLIFE
TALKS, PLANT SALES,
FRIENDLY GROUP.
VISITORS AND
NEW MEMBERS
WELCOME.



INDOOR MEETINGS 2.30PM POWICK PARISH HALL. MEMBERSHIP £7.50/YEAR. MEETINGS MEMBERS £2.50 NON-MEMBERS £5.00





Contact the Parish Council

Clerk to the Parish Council

Ms Michelle Alexander, 'Guestwick', Suckley WR6 5EH Tel: 01886 884195 or Mobile: 07841 862277 Email: clerk@powick-pc.org.uk Website: www.powick-pc.org.uk

Chairman of the Parish Council

Andy Lamb, 9 Old Rectory Close, Powick WR2 4QU Tel: 01905 830737 or Mobile: 07973 679774 Email: alamb@powick-pc.org.uk

Parish Council Meetings

Meetings are held on the first Weds of each month, except during August when there is no meeting held. Planning Committee Meetings start at 7.00 pm
Parish Council meetings start at 7.30 pm

District and County Councillor

Tom Wells

Tel: 01905 831752 or Email: talwells@btinternet.com

District Councillor

Kathy Wells

Tel: 01905 831752 or Email:katherine.wells@malvernhillsdc.net



Thoughts from the Snug...

Keep the change. Will plastic really become King?

Here in The Snug we buy rounds and often pay with our plastic cards. It's as if we have done it forever. Paying cash for anything seems to be very uncool. However, two of our group recently returned from a three day coach excursion, where on the final day, they were involved in a couple of 'whip-rounds' of donations for their trip organiser, the guide, coach driver and hotel staff. Members of the coach party willingly dug deep into their pockets to express their appreciation for the trip. After all, they had indeed, received excellent service. As they journeyed home they reflected on the trip and realised diving into their pockets to rummage for cash had been a rare occurrence. Everything had been paid, up front, on plastic. How, in a wholly cashless society, could one fulfil the desire to tip and reward in situations like this? Would acts of appreciation shown by tipping become extinct as we drift towards a

totally cash free economy? In The Snug the feeling was unanimous; cash and tipping should not fade away. One member of our group recalled the warmth and pleasure felt when an aunt or uncle slipped them a half-crown or 'ten bob note' at Christmas and birthdays. Accepting such gifts was never seen as a bribe, rather more as an act of kindness and appreciation. Wouldn't a cashless society rob us of this charming tradition? We feared it would. Here in The Snug several are making the effort to pay cash rather than plastic. We say to the bar staff, "Keep the change." They often reply, "Thanks, but I'll put it in the Air Ambulance Box. By giving and receiving a small donation of cash we show our gratitude in a modest way. The bar staff feel appreciated and often the local charity also gets a minor financial boost. Win, win, win! Long live cash! Without it we will be much poorer.

Buddy Bach

Do you have a cherished book that is in need of restoration or repair?





Hughes & Company

Powick Times

Printers, Publishers

Book Binders & Stationers

8 Church Street Pershore, Worcestershire WR10 1DT

Tel:01386 803803

Email: print@hughes.company www.hughesprinters.co.uk Four generations of printers

Women's Hour! Body Language Susan Catford



Weaving

At full steam we head for the field.

Straining at the leash,

She is full of excitement.

And then,

Released.

Like a shuttle fired into the loom.

She disappears into this cloth Hurtles into the air of gold.

Tail whirling,

She weaves in and out, in and out,

Delighting in this medium.

She is the weft.

We are the warp,

Following the straight path

Along the tractor tracks.

A flash as she appears ahead,

A glimpse.

In and out, back and forth. Seemingly industrious, purposeful

But, in reality, energised, Joyful in her freedom. Her frenzied activity Stirs the golden cloth, Sends ripples amongst the threads.

And now, a bird is disturbed.

Abandoning its leafy shelter.

The joyous bark of a pursuit

Soon abandoned.

This shuttling could go on forever

But time to go.

Tail still whirling,

Straining at the leash,

Still full of excitement.

Our weaver will return another day

To this field of gold.

Susan Catford

arm's length (a healthy distance!) has evolved into something rather more serious over recent months. I am, of course, referring to my new, close relationship with the NHS. Previously I have had the occasional need to call upon its services but in February all that changed. I suddenly found myself and my body requiring emergency treatment. I was impressed with the speed and efficiency that kicked in. From being an observer and patient visitor, I found myself on the receiving end, occupying a bed instead of sitting by one. Within a few hours, I had tubes attached to parts of me I scarcely knew I had and my previously fit body was suddenly severely incapacitated. Feeling like a beetle that has landed on its back and cannot regain its feet, I became dependant on the cheerful, caring staff who tended to my needs. Hospital life was a revelation! Days and nights were punctuated by blood pressure checks, drug rounds and needles being stuck in me at regular intervals. I envied my fellow patients who seemed able to fall asleep in spite of this. These fellow patients proved to be both interesting and, at times, very entertaining company. Being woken to place your order for breakfast with the dawn chorus was not so good and was the beginning of a long day. Alas breakfast was not for me yet but after several days of 'nil by mouth', the jelly and ice-cream that I was then allowed was a strange but welcome treat! The next part of the day proved to be quite entertaining. The team of 'washerwomen', as I christened them, swept into the ward with sudden energy and a banter which demonstrated their comedic skills. Beds were changed like a magic trick while patients were lying in them. Bowls of soapy water appeared and I had my first experience of a bed bath. This removed any inhibitions I may have had and left me exhausted but clean. It was a while until I regained my independence but their kindness, humour and respect made it all much easier. Visiting time proved to be fascinating, inadvertently

It has happened! A relationship I have managed to keep at



eavesdropping on conversations between families and patients. My own visitors were limited to family only and arrived with such concerned faces that I felt obliged to try and cheer them up! It could be a noisy time in the ward and often a great relief when the bell went to send visitors homewards. Peace then descended until the rattle of the drugs trolley heralded the arrival of more tablets and more needles!! Shifts changed and although weary, the staff continued with friendly smiles and incredible patience. Many staff had families to go home to with the prospect of little sleep after a night shift. It was easy to see how important the dedication of our nurses, doctors and supporting staff is to enable us to have our NHS. There will always be criticism for the shortcomings in the system but when it comes to the crunch, it continues to save lives and provide an incredible range of healthcare.

Fortunately my sojourn in hospital was not too long and I was allowed to return to the care and support of my family who were equally brilliant. Battered but not beaten, I have made a good recovery but I will have to continue this new relationship with the NHS for some time to come. I know that I will be receiving the best care both through the hospital and within the community. Meanwhile I am writing lists of things to do when I am fully recovered and having had a reprieve from household chores, the ironing doesn't seem so bad. Normal service will be resumed as soon as possible. Thank you to all those lovely people who have cared for me- I am giving you my own personal standing ovation!!

Country Watch

St Swithin's Day 15th July -

St Swithin's Day, if it do rain, For 40 days it will remain St Swithin's Day on it be fair For forty days twill rain nae mair.' June has proved to be a good month with plenty of sunshine but the occasional thunderstorms thrown in too!! As we move into July it has cooled down a little with the promise of some much needed rain. The gardeners and farmers will be grateful for this but it is nevertheless good to see the later crops - maize, wheat and barley - all seem to be doing well. The barley always looks lovely with its feathery seed heads which move beautifully in the breeze.

Lots more wildflowers to see in the woods, fields and roadsides. Dog roses, foxgloves, elder blossom, bindweed and the pale pink blackberry blossom mingle with the hedgerows. The Commons are covered with tall grasses which are very pretty but full of not so dogfriendly seeds! They do attract the butterflies to the flowers amongst them. Many tortoiseshells, meadow browns, common blues, peacocks and painted ladies can be spotted but sadly are camera shy. Also by brooks, streams and other water sources, beautiful, delicate dragon and damsel flies hover in the air or cling to the long frondy grasses. The large, flamboyant water lilies with their full flower heads and flat leaves create a spectacular display on lakes and ponds. Fields full of vivid red poppies lend a glorious splash of colour to the countryside but will always carry a sad message of lives lost. They also represent a defiance that lives go on and there is much beauty in the world around us. Delicate but strong, they are a joy to behold. High above us, the sky is full of swallows in the evenings dipping and diving. Skylarks sing merrily and the blackbirds still entertain with their performances throughout the day. I have at last heard a



couple more cuckoos but still not as many or as frequently as usual. The dawn chorus is probably at its earliest and announces the beginning of our long summer days but we have passed the solstice so days will begin to get shorter. It is good to see the bees at work and there are lots more insects out there including the less friendly midges and horseflies which cause particularly nasty bites. Insect repellent is definitely to be recommended for your exposed bits!!

We are very lucky to have such lovely countryside around us, including beautiful woodlands. Tiddesley Wood is a fantastic place for walking, seeing the natural world, allowing children to discover and learn about wildlife and for providing the peace and calm we all need in our lives at times. These are ancient woodlands that are part of our heritage. We hope that this will not be jeopardized by those who seem to have different values.



VETERINARY ADVICE ESPECIALLY FOR YOU!

Prevention is better than cure

Here at Martin and Carr Vets, we understand the importance of taking care of your pet's healthcare needs. Making sure your pet is getting everything they need can be timely and costly. We acknowledge this and want to help. In response to ever increasing prices, we have decided to launch our own Pet Health Club". With the Pet Heath Club", you could save £100s on your preventative healthcare needs.

The plan is an annual commitment that allows you to spread the cost of your pet's routine healthcare needs across the 12 months of your subscription. Not only that, but you also save money throughout the year on services, treatment and products with text/email reminders sent to let you know when treatment is due to be given.

We have species specific plans for dogs, cats and rabbit which are tailored to their specific needs. The costs of the plans are as follows -

Dogs £17.99 a month Cats £15.99 a month Rabbit £12.99 a month

Our plans are packed full of benefits including

- Annual vaccinations
- Six months, nose to tail check up by one of our vets or nurses
- Nail clips, anal gland expression
- Year-round flea/worm and tick products (dog and Cat)
- Flystrike protection each year (rabbits)
- Annual urine tests
- 20% off neutering and lifetime medication
- Up to 50% off selected diets

Plus, many other fantastic discounts on treatment and services.

If you would like further information on the Pet Heath Club[™] benefits, please either go online at martinandcarrvets.co.uk or call the surgery to speak to one of our members of staff.



Pet @ Health Club

info@martinandcarrvets.co.uk martinandcarrvets.co.uk

How to create a drought-tolerant gravel garden

A gravel garden is a great option if you wish to create a low maintenance or Mediterranean style garden. These types of gardens use plants that are drought tolerant, which reduces the need to water regularly although some minimal weeding may still be required.

By choosing the right hard and soft landscaping, a gravel garden can be beautiful, practical and attractive to wildlife.

When planning your garden, the soil is the first thing to consider. If you have clay soil, you will need to add plenty of grit as a lot of the plants used in a Mediterranean style of garden prefer a sunny spot with well-drained soil.

Next decision is the gravel – there is a vast array to choose from. With different sizes and



colour, there should be something suitable for everyone's taste whether that be traditional, Japanese style or an industrial look. I would suggest getting a sample of the different types you like and taking them home to try as it will look different in your own setting. When choosing the type of gravel, it's also important to consider if it will be walked upon as angular medium grade gravel is easier under foot. Plus, if you use small (10mm or below), you could find your garden is suddenly more attractive to cats! Any surface dressing will help

Any surface dressing will help to shade the soil and keep it cool which prevents it from drying out quickly after rain or watering. Adding large stones/boulders and pots not only creates an interesting focal point, it can also decrease the quantity of water needed as the soil dries out slower.

After levelling and raking the surface of your garden border, lay landscape fabric over the surface and cut a cross in the fabric and place your plant through it. Once all your plants are in place you can gently add

your chosen gravel to a depth of around 5cm. It's cheaper to buy gravel loose rather than in individual bags (which also cuts down on plastic waste). What plants are suitable for a gravel garden?

There are many plants that are well suited to dry, drought like conditions. As a general rule of thumb choose plants with the following attributes:

Small leaf – such as Verbena bonariensis, thyme

Silver leaf – Olive tree, Lavender

Thick leaf – Sedum, Sempervivums

Hairy leaf –

Stachys byzantine commonly known as Lamb's Ears which are so soft and tactile. When planting small plants they can become swamped by

they can become swamped by gravel, so raise them slightly above the level of the gravel.





Nikki Hollier nikki@borderinabox.com @borderinabox www.borderinabox.com



Top Tip: Sunshine can cause damage to leaves and scorch them (it can turn the leaves brown and flowers to drop off), so if they're in pots, move them into dappled shade to protect them. If they're in the ground, you could use an open garden parasol to create some shade and protection from the sun.

July gardening tips Reg Moule BBC Hereford & Worcester

Early July

When sowing seeds water the bottom of the drill, sow seeds and cover with dry soil. This maintains moisture levels around the seeds for a longer period.

Cut back straggly violas to encourage new shoots, Use trimmings for cuttings.
Water and ventilate the greenhouse regularly.
Take clematis cuttings.
Conventionally these are taken by cutting the stems into sections between the leaf joints but I find that they also root when cuttings are taken at the leaf joints too.

Prune plums, fruiting and ornamental cherries now. Treat large cuts with wound paint but do it straightaway or it will not be effective.

Prune and shape bay trees. They will tolerate fairly severe cutting back now.

Mid July

Keep camellias and magnolias moist at all times from now until early October. This is an essential aid to the setting of next year's blooms. Giving them a couple of handfuls of sulphate of potash now helps as well.

Trim hedges including conifer and other evergreen hedges. Be careful with water - early morning and late evening are the best watering times. If you have slug problems morning is better. There is no need to water the lawn. Take particular care of planted containers. Keep them fed, watered and dead headed. I find using a more potash orientated fetiliser like Phostrogen is good. Cut down herbaceous geraniums and poppies as they stop blooming to encourage new shoots.

Give roses a boost with a dressing of rose fertiliser. If greenfly attack water lily foliage, just sink the leaves under the water for a few hours. Keep feeding and training tomatoes and other greenhouse fruiting plants.

Try growing oriental vegetables, like Chinese cabbage, this is the best month for sowing.

Sow beetroot, Florence fennel, Swiss chard, raddichio, and turnips in the veg. garden. Spray potato foliage with Vitax Copper Mixture or one of the plant invigorators if attacks of potato blight are likely. You could also try using soluble aspirin, 2 tablets per gallon of water sprayed over the foliage two weeks.

Prune summer fruiting raspberries after harvest by removing old, fruited canes. Air layer straggly houseplants, usually near the top, to create a new plant.

Pinch out the tips of unwanted grape shoots after one leaf, to concentrate the plant's energy on fruiting.

Take conifer cuttings from stems that are characteristic of the variety.

Late July

Thin out oxygenating plants in pools as they can cause problems if over abundant. Pinch out the tops of outdoor tomato plants once four trusses of fruit have formed. Sow parsley for winter use. Onions, garlic and shallots are



ready to harvest when foliage turns yellow and bends over.

Sow autumn / winter salads, e.g. claytonia, salad rocket, corn salad, land cress, and winter hardy white Lisbon onions.

Cut the old foliage off strawberry plants after harvest. New growth soon appears. Give them some sulphate of potash too.

Take fuchsia cuttings to be trained as standards. Lantana, golden privet and elaeagnus are also suitable for training in this fashion.

Take semi – ripe cuttings from most shrubs – they will root easily now.

Cooking for fun! Ailsa Craddock

Strawberry Fields, forever When did strawberries become synonymous with June? Was it Wimbledon with its strawberry and cream dishes – or did Wimbledon decide to start itself in June to enjoy the strawberries!? Whichever way, June heralds British strawberries – full of taste and British sunshine - unlike their foreign counterparts – big but with little flavour. I am so lucky living where I do, surrounded with farms and their shops, markets and local greengrocers. Eat locally and you will eat well and that carbon footprint of yours has merely made a few steps.

Packed with vitamins, fibre, and particularly high levels of antioxidants known as polyphenols, strawberries are a sodiumfree, fat-free, cholesterol-free, low-calorie food. They are among the top 20 fruits in antioxidant capacity and are a good source of manganese and potassium. What's not to love?! And we all do from simple strawberries and cream, ice cream, jam and strawberry teas. I thought this month you might like to try something slightly different with them.

Strawberry Gazpacho

330g vine-ripened tomatoes chopped
700g ripe strawberries, hulled and chopped
1 roasted red pepper
1 small shallot, finely chopped
1 garlic clove, crushed
1 tablespoon sherry vinegar
75ml extra-virgin olive oil, plus extra for frying and drizzling
Basil leaves to garnish

Put the tomatoes, strawberries, red pepper, shallot, garlic and vinegar in a large bowl and leave overnight. The next day, add the olive oil and whizz together until smooth adding a splash of water if too thick. Season to taste. Fry some little pieces of bread in olive oil, drain and sprinkle with sea salt and serve with the soup, torn basil leaves and a drizzle of olive oil.

Warm Strawberries with Ricotta

Serves 2 200g strawberries, hulled and quartered Juice of half a lemon ½ rounded dessertspoon icing sugar 125g ricotta 1 dessertspoon runny honey Leaves from a sprig of fresh thyme 1/2 teaspoon rosewater (optional) Put the strawberries in a pan over a low heat with the lemon juice and icing sugar. As they warm up the juice will be released so that they are gently poaching in it. Once the juice is flowing, bring to a gentle simmer for 1 -2 minutes, stirring, then remove from the heat. In a bowl, mix the ricotta with the honey, thyme and rosewater. Divide between 4 bowls and spoon over the warm strawberries.



Strawberry & Elderflower Sorbet You won't find a more summery dish than this. The perfect refreshing treat to cool down on a hot day.

550g strawberries, hulled and halved 200 ml elderflower cordial Juice of 1/2 lemon Put the strawberries, cordial, 200ml cold water and the lemon juice into a blender and whizz for 2 - 3 minutes till smooth. Pour the mixture through a fine sieve into a bowl, using the back of a spoon to push through any thicker puree. Press down to extract as much as possible then discard pips and any fibres left in the sieve. Cover and chill for 2 hours. Pour into a container and freeze, taking it out every hour or so to mash with a fork to limit ice crystals for 2 - 3 times. Remove from the freezer at least 5 minutes before serving

Scottish Berry Brulee Serves 2 -3 (Or One?)

250g strawberries 120g raspberries 60g blueberries 1 tablespoon caster sugar ½ orange juice and zest 120g Greek yogurt 85g creme fraiche 1 1/2 tablespoons soft brown sugar, Ground cinnamon to dust (optional)

Place all berries in an ovenproof dish, sprinkle over 1/2 tbsp caster sugar and the zest and juice of the orange. Mix together the yoghurt, creme fraiche and remaining caster sugar and spread over the fruit and leave in fridge for 2 hours. Sprinkle the soft brown sugar over the top and dust with the cinnamon, place under a hot grill until the sugar melts. Serve immediately.

Jazz News

This month Pershore Jazz Club will present "Swing from Paris", a group whose very name conjures up pictures (or even memories) of cafes along the left bank of the Seine or cellar jazz clubs in the Latin Quarter. The Hot Club de France was founded in the 1930s by a group of students to promote traditional jazz and swing in the clubs, bars and dance halls of Paris and it was this group who discovered gypsy guitarist Django Reinhardt and violinist Stephan Grappelli jamming between sets at the Hotel Claridge. They suggested the formation of a permanent, five-piece band of violin, lead guitar, two rhythm guitars and bass and "Le Quintette du Hot Club de France" was born. On the other side of the Atlantic, members of South American tango bands were following a similar trend, most notably led

Peter Farrall

by guitarist Oscar Aleman who, during a period in Europe, became firm friends with Reinhardt. All this happened in the emerging swing era and the gypsy groups took some of their content from the dance music of the big swing bands but there were also many of their own compositions. Whatever they played, these all-string groups without drums maintained a driving, bouncing rhythm and the expression "gypsy swing" offers an apt description of the style. It seems that this style of jazz pleases all fans these days no matter what their usual preferences and they are also popular for parties, weddings or corporate events (our late queen had a gypsy band at one of her palace garden parties). Our group this month, described as "the finest gypsy jazz in the Cotswolds"



will present music from the great swing bands of the 1930s and 40s as well as the more traditional gypsy fare from Reinhardt, Piazzola and all, plus their interpretation of numbers from many other jazz composers. On 24th May Pershore Jazz Committee attended the funeral of long serving committee member



Charlie Caldicot who died on 25 th April. There was a real New Orleans style send off by a band of local musicians led by our chairman, Graham Smith, all well known to Charlie. In the service itself, more jazz from Charlie's favourite band, Tuba Skinny playing "I'm Going Back Home" this time on a recording. R.I.P to a good ol' jazzer.

Swing from Paris Wednesday 28th June 2023

Pershore Football Club, Doors open at 7pm, music at 8
Admission £10 to include a raffle ticket.
Book in advance and pay on arrival
club@pershorejazz.org.uk tel: 01527 66692 find us on Facebook

Gregory's World!

Gregory Sidaway Exeter College, Oxford

Examination, Carnation, Saturation

I find the Summer term – of High School, Sixth Form or Uni – can be a bit of a doubleedged sword, at least at first. On one hand, you have a decrease in new things to learn as your teachers/tutors wrap up the year. There's also the promise of a long warm holiday to come. On the other hand, before those holidays, comes exam season; it blocks your path like a formidably high wall or a deep trench filled with sharp things you don't want to sit on. Our only choice is to make the climb – or the jump – and see where we find ourselves. I'm mentioning this now, fellow reader, because I've just landed on the other side. A long Summer holiday stretches out before me, my first year of uni safely under my belt. My formidably high wall took the form of three, three-hour exams – during which all the knowledge I had hoovered up over the past three terms was put to the test. Trinity term (that is, term number three) finally allowed me to experience a much warmer Oxford. Most memories I have of the place used to be set against a backdrop of bleak clouds or rain – even

snow - so it was nice to see the city in full summery swing, and to explore the surrounding fields and rivers without wearing quite so many layers. Revision involved reading notes from a ring binder, so my studies became portable. I revised outside in the company of the trees, flowers and hungry horseflies. Whenever my hay fever said hello, I took refuge in one of the many libraries across town. Exam season became an event. We dressed up for it, wearing our suits and gowns, our mortarboards under one arm. This seemed like a fun idea until I remembered it was June and the experience of walking through the hot streets to the exam hall was like being slowly pushed through a brick oven. There is also a tradition of wearing carnations, coloured white, pink, then red for your first, second, then third exams. Apparently, the colours represent the blood being drained out of you as the days drag on. On the eve of my first exam, tingling with nerves, I hopped over to the florist in the Covered Market and - like a typical Oxford student - walked straight past the giant sign saying: 'Carnations sold here' and asked at the counter if they had

some in stock.

The Examination Schools are a slight upgrade from the sports hall where I sat my A-Levels. It looks like a college in itself, dominating Merton Street from behind a looming iron fence. A marquee had been set up and we all piled inside to find our seat numbers; the heat became so immense under there that I felt as if I was under the cellophane lid of a ready meal, being microwaved for three and a half minutes. When we were finally called, I followed a chequered black-and-white corridor up a broad staircase until I reached the South School. It was huge, the panelled walls hung with hefty gold-framed portraits of George III and other impressive people in wigs. Able, at last, to remove a few layers after finding my seat, I escaped the hot hug of my gown and jacket. I placed the carnation on the desk so I wouldn't crush it and tried to remember all the quotes and dates I'd crammed into my head out in the parks and fields (between hay fever and horsefly attacks). On a dais at the far end of the room, the head invigilator leaned towards the microphone and began with: "I don't know how many of you still understand Latin ..."



before quoting a few phrases which sounded impressive but whizzed totally over my head. Our time was up. Our pens were down. Papers were collected and the head invigilator reminded us that we ought to be 'fully dressed' before we left the hall. (I should say, it was hot in there, but not that hot.) When I'd finished my final paper, relief washed over me. Goodbye, first year! Hello, Summer! We returned victoriously back to college, only to be greeted by the sight of our friends smiling and ... wielding buckets of water - Whoosh! The final tradition for those who've finished their exams was 'trashing'. More than just relief washed over me as I was engulfed, suit and all, drenched from head to toe. I had climbed the wall and the view from the other side was sunny (and soggy).

Teenage Focus Romy Kemp (18)

I'm Back!

After an absent few months, I have returned for the summer. My exams are finally over and I am able to enjoy a long summer of rest and excitement. It is important after exams to rest as they are very taxing, and shouldn't be ignored. Personally, I felt extremely drained and anxious 24/7, and even after my exams I felt rather lacking in energy. Revision has been hard to maintain the motivation necessary to carry on, especially towards the end, however obviously it was essential to continue. Especially since my exams tended to be lumped into groups of twos and threes per week, however this did give me days or weeks at a time to revise three. I have kept most of my notes for all of my subjects for numerous reasons, and as back up plans, depending on what happens in August (when results are given out) and what I decide to do.

Despite all of this, sleep hasn't really been my priority as I have been extremely busy and hay fever has been horrendous for the past few months. I recently learnt about an injection for hay fever that's on the rise and is very promising for those with an allergy to grass. This, however, is less effective for me because I have an allergy to tree pollen. The pollen is extremely unpleasant this year, seeming worse than previous years, which is awful and uncomfortable to endure.

After such a cold winter, this summer seems to be competing for the most severe temperatures! This being said, it is important to keep hydrated and protected. Sun cream will be necessary, despite its ridiculously high prices. This is clearly shown through the increasing temperatures throughout the years, especially last year during the 2022 heatwave when the temperature reached record highs of 40.3 degrees Celsius.

As a result of these high temperatures, even so far this year, many a thunderstorm has occurred. I have disliked thunderstorms for many years but have grown rather fascinated by them. This being said however, I still believe it is the lightning that I don't enjoy. The rain is quite lovely during a thunderstorm, as my friends like to point out, however I prefer a calming rainy day to a harsh storm.

Despite some confusion at the end of all these A-Level exams,



as well as GCSEs, it is an amazing feeling to be done and we're able to have a summer of fun and relief. So enjoy it, as there's so much amusement to be experienced!



Are you on the Organ Donation Register?

Do your Family and Friends know your wishes?

For further information telephone 0300 123 23 23

For enrolment information go to www.organdonation.nhs.uk or email: michaelamies36@gmail.com 07807 070249

Sponsored by: Hughes & Company

Tax on selling your home Carol Draper

When you sell your home you are entitled to Principle Private Residence (PPR) relief and will not pay any Capital Gains Tax (CGT) if you have just one home and have lived in the property for the whole time you have owned it, no part of the property has been let out, no part of the property for business and the grounds including the buildings occupy less than 0.5 hectare (1.2 acres).

hectare (1.2 acres). If there have been periods of time when you have not lived in or used your property as your main residence you could be liable to pay Capital Gains Tax on some of the profits when the property is sold. Letting all or part of your property to a tenant could restrict your entitlement to PPR relief though this does not include having a lodger who shares your living space or having children or parents who live with you and pay rent or housekeeping. Whatever the situation you will always get full PPR relief for the period of time you lived in the property as your main home and for the last 9 months of ownership. If you use part of your home as an office this will not affect your entitlement to PPR relief. However, this may not be the case if part of your home is



split and designated to be used exclusively for business purposes. If your property occupies a plot of more than 1.2 acres you could face the possibility of paying CGT when you sell your home. However, what element of land will be subject to CGT will depend on its layout and its relation to your property. If you sell just a portion of land it is likely to be subject to CGT, the argument being it was land that was in addition to requirement for the enjoyment of your home. If you think you may be affected by any of these issues or have any other queries relating to the sale of property, contact your accountant to discuss the specific details of your case.

Carol Draper FCCA Clifton-Crick Sharp & Co Ltd

"The bad news is time flies. The good news is you're the pilot."

Michael Altshuler

Clifton-Crick Sharp & co.

CHARTERED ACCOUNTANTS AND BUSINESS ADVISORS

40 High Street, Pershore, Worcestershire WR11 1DP Tel: 01386 561100 Fax: 01386 561040

Email: mail@clifton-crick.co.uk www.accountantsworcestershire.co.uk

Don't cry over spilt paint

Angela Johns

After a full day cleaning and painting on a project on one of those hot June days, I arrived home and opened the car door to find that half a two litre tin of emulsion had spilled onto the back seat. It had spread over two seats, oozed between them, into the seatbelt mechanism and pooled into the upholstery creases. My car is not new but I do try to keep it as clean and tidy as I can. Î just had to walk away, leaving the car door wide open, and into the house where I sat at the kitchen table with my head in my hands. I felt like crying. I took a deep breath and stood to collect all the apparatus for a clean up job. In that moment I felt that I had a choice: do what might be deemed the right and grownup thing (the situation could have been worse) or acknowledge my true feelings and accept them (I felt awful). I was disappointed, tired and fed up. And I felt like crying. So I did. Full blown ugly crying with a screwed up face and just a little wailing. At that point my son arrived home. He looked horrified. I knew I had to convey quickly that no-one had died, our world was not falling apart. As he hugged me and patted my back, all I could manage was, "...spilled paint. In the c-c-car..." There was no judgement from him, no words to dismiss my emotional outpouring. He just let me get the tears and mascara all over the shoulder of his shirt.



We talked about it a few days later and had a chuckle about it. I'm thankful he just let me be true to myself. The car back seat is never going to be the same of course but neither am I. My heart was broken, although in such a small way, but was mended oh so quickly. By allowing my emotions to unashamedly flow through me, feeling them and giving them a name, they passed and I am left only with the memory and the lesson. Practising with the small stuff can help me when the big stuff comes along. And I will never put a tin of paint on the back seat again, whatever the circumstances!

Currently training as an Emotional Therapeutic Counsellor with the AETC, Angela is a qualified Reflexologist, Aromareflex Practitioner and Reiki Teacher/Practitioner. She is passionate about her therapies and spends quality time with her clients to facilitate their wellbeing. You can find her at angelajohns.co.uk

"Success is not final, failure is not fatal: it is the courage to continue that counts."

Winston Churchill

Silver Fern Family Osteopaths

Hands-on treatment for the whole family
Offering...

Osteopathy | Cranial Osteopathy | McTimoney Chiropractic

Acupuncture | Scar Tissue massage therapy | Sports massage

The Perrin Technique

65 High Street, Pershore WR10 1EU
01386 304128 Email: silverfernfamilyosteopaths@gmail.com
www.silverfernfamilyosteopaths.co.uk

Are you well heeled?

Karen Harris

Standing bare-foot, the falling line of body weight normally forms a perpendicular 90-degree angle with the 180-degree angle of the foot's plantar surface. Body weight is distributed 50-50 between heel and fore-foot, elevate the heel and that automatically initiates an altered series of foot and body biomechanics. The higher the heel the greater the body column change. If the body was a single, unjointed column, then even a one inch heel under the foot could cause the rigid column to tilt forward or even fall. Like the Leaning Tower of Pisa, only a few inches tilt at the bottom results in a lean of several feet at the top. But the human skeleton is a series of adaptable joints and connecting sections: ankle, knee, hip, pelvis, spine, shoulders, neck and head. Unlike the rigid column of Pisa, our skeletal sections make "adjustments" to maintain an erect stance. With each sectional adjustment there is a shift in the body's centre of gravity - usually around hip height. With the shift of gravity there are corresponding shifts in body weight, resulting in shifts in weight distribution throughout the foot. Natural gait is impossible when most footwear is worn. There are three main reasons for this; 1) The shoe's elevated heel

- 2) The faulty design of 'the last' (the form on which a shoe is constructed);
- 3) Construction and design faults found in the shoe itself. Separately, or together, they influence how the foot functions inside the shoe and how you

walk. Under these conditions the foot cannot function in a natural manner, the gait - so totally dependent on the foot also cannot be its natural self. The muscles and ligaments associated with the body's upright column and foot system must also make compensatory changes. Considering that the "simple" act of walking involves half the body's 650 muscles and 208 bones, the number of automatic "adjustments" is enormous. Inevitably, there is a price to pay, most commonly, foot, leg and back issues. A shoe, ideally, should be an anatomical and functional replica of the foot. The less a shoe does TO a foot, the better FOR the foot. I transitioned to 'barefoot' shoes many years ago; initially I found that my heel was striking the ground with such force it was painful (a lifetime of padded shoes and the leg having to work hard to feel the surface underneath it) so they have completely changed the way I walk. I feel lighter on my feet, and I know my foot structure is working to support itself, and the rest of my body, rather than being cosseted by a restrictive shoe. It's worth looking at your most worn footwear and evaluating what changes are being made to your body when you wear them compared to being barefoot. Does the tension in your muscles change? How does the change in weight distribution feel? Are you having to compensate through the lower back or shoulders? Then you can decide if being 'well heeled' is good for you.

YES or NO?

Do you want to take control of your aches and pains?

Do you want to stop having to take pain killers?

Do you want the knowledge to be able to help yourself?

Do you want to feel how empowering that feels?

Do you want to feel that weight lifted from your shoulders?

YES, of course!

Even just the FEELING of the weight being lifted off your shoulders from knowing there IS an alternative to pain, pills & injections is a step in the right direction!

Karen Harris, Posture Alignment Specialist, Fitness Trainer 07954 544595

Expression

Emily Papirnik

How do you show up in the world?

Are you doing what you want to be doing?

Are you allowing yourself to blossom, to grow, to show up and really be the real you?

Are you feeling constricted or stifled in what you say or so?

You are here on this planet to be the best version of yourself you can.

So often we blame others or our environment for how we show up. I understand that as I did it all my life, but gradually I am understanding how important I am in how I express myself, how I show up and what I am able to do if I allow myself, if I give myself the opportunity. Fear is behind most of our inaction, our standing still or just not trying.

Start to think about what it is you would like to do, allow the dreaming, the inspiration for something new. I have been presenting lately, something I really enjoy, but I enjoy now more because I am presenting a way of being for others, without the fear and anxiety holding me back. Giving the audience time and space to think about



themselves, giving them the idea of what they really are able to do to affect their lives. Giving them an understanding of how they can move forward without the anxiety. Managing your fears and anxieties enables you to have clarity of thought, to enable inspiration and therefore action. Expression – are you showing up as the you that has so much potential, so many dreams to create and make real? Just start taking the first step, acknowledge your fears, your anxieties for what they truly are. Allow your true expression to be seen to show up in your daily living. Be you by putting you first, you are your only responsibility so stop dealing with everything else before you...give yourself some time, some space and find out who you really are. Meet the awesome you that is within you and bring them out to play.





Sailing in some style Brian Johnson-Thomas



Getting anywhere is becoming more of an irritation these days, what with long queues at ports and airports and more and yet more bureaucracy, so it's been good to rediscover a way to get to the heart of Europe without much fuss and bother - and in a great deal of comfort. Added to this it's arguably the best way to take your pet animal with you if you simply can't bear to be parted from them. I'm writing about the ferry service from Harwich to the Hook of Holland - a service which has existed for generations but which is currently operated by the Stena Line with two very large luxurious ferries, giving a choice of a daytime or an overnight sailing, with a range of accommodation options that includes pet-friendly cabins (shared with the family) and also two distinct ways of travel either by taking your own car or by travelling by rail as the ferry port is unique in having a railway station alongside, so you just leave the train and go up the stairs to the ship. Indeed, the fare to Holland includes, for

foot passengers, the cost of a train ticket to Harwich International from anywhere in eastern England, so that travel from London or Cambridge by rail comes at no extra cost. I mention those two stations especially because, for us here in Worcestershire, there's a choice of routes, using Great Western via Paddington or Cross Country via Cambridge. Both ways are accessible from Worcestershire Parkway where there's plenty of car parking space. Either route offers you the chance of breaking your journey for a few hours to do some in transit sightseeing and both routes also offer modern and comfortable trains. We chose to travel overnight, meaning that check in opened at 8.30 pm with a sailing at 11pm. That's handy because it means you can access the restaurants and bars for a meal and a drink before settling into your cabin for the night remember that you will disembark at the early-ish hour of 8 am! Having eaten well on board I was quite happy to find my comfortable bed for the

an en suite bathroom, dressing table and chair, all mod cons in fact- I did, though, briefly ponder one of the sea's mysteries, for on the night of October 27th, 1908, the good ship Yarmouth left Harwich at around the same time that we were due to depart, but she passed the Gobbard Lightship at 5am and was never seen again....By contrast we arrived safely at Hook of Holland bang on time and found that disembarkation was, again, very easy – just a gentle walk down from the ship to the tram stop over the road. Now, in the old days, when I was young, the trains used to depart from the Hook itself and, as a young man, I used to speculate on the destinations served – especially the Russian train to Moscow, painted a funny shade of green and staffed by inscrutable looking ladies in severe uniforms – but in this modern age we now need to take the local tram to Rotterdam Central station. But the sense of wonder is still just the same imagine, it's just after nine of clock in the morning, you've slept well, enjoyed a hearty breakfast and there in front of you is a departure board with long distance trains leaving for the four corners of Europe. No queues, we left on time, we arrived on time, what else can I

night – we had two lower beds,

See www.stenaline.nl for details

Back home safely we were able to catch up on the Longborough Festival Opera's production of Donizetti's L'elisir d'amore which featured a splendid set, reminiscent of Ambridge, perhaps, to nudge this nearly 200 year old favourite into the modern age. It was a mirthful

melange of melody and I was particularly impressed by the South Korean soprano Haegee Lee's take on her character of Gianetta and South African tenor Thando Mjandana playing Nemorino. This month will see the climax of the Season with performances of Monteverdi's L'Orfeo and Purcell's The Fairy Queen.

Check www.lfo.org.uk for any last minute tickets

The end of this month also sees a brand new event at the Three Counties Showground in the form of a Food and Drink Festival taking place on July, 29th and 30th. They're offering a range of family friendly activities (and some not so family friendly such as cocktail masterclasses and wine tastings!) At the Festival's heart will be over 150 local food and drink traders offering the opportunity to savour the finest offering from across the region, plus local craftspeople will showcase their wares, providing a great shopping experience. The Children's Cookery School sounds good at just £4 per child, especially since this allows them to take their creations home with them. Advance tickets start at £12 per adult and £8 per child. For details see www.threecountiesfoodfestival.com Finally, just a bit further away, the Gloucestershire and Warwickshire Steam Railway are hosting a Diesel Gala this next weekend, July 8th and 9th. This heritage railway runs from Broadway via Toddington and Winchcombe to Cheltenham

See www.gwsr.com for details.

Racecourse.

Whatever you do and wherever you go – do enjoy the Summer!





Coronations and Croome Court Tim Hickson



As a boy I watched the Coronation of Queen Elizabeth II, on a small black and white TV, so I was interested to see how that of King Charles III would differ. Of course it had been modernised - as happens at all coronations - but the essentials were as they have been for over a thousand years. Among the major changes was the nature of those who had been invited to be in Westminster Abbey. There were many more people who were chosen because of what they had given to our Nation recently rather than merely being the heads of ancient landowning families. Once, all the peers of the realm (who had reached their majority, 21 years) were summoned to bear witness to the act of coronation and to pay homage to the newly anointed King or Queen. The Earls of Coventry therefore attended coronations. Earls and their countesses had special robes and coronets to wear. The Croome Heritage Trust still has these family robes and coronets. Currently visitors to Croome

Court can see an exhibition

linking the Earls and Countesses of Coventry to earlier coronations. The decorations of the coronets varied according to the rank of the peer. Earls had eight strawberry leaves and countesses had eight silver balls (that is, pearls). The male robes were a (heavy) crimson velvet cloak with rows of white ermine showing the peer's rank. Earls had three rows. The female robes were a deep red shoulder-to-floor kirtle together with a train edged with ermine. The length of the train indicated the status of the wearer; countesses had one and a half yards. Since the 1902 coronation of

a half yards.
Since the 1902 coronation of
King Edward VII, extra chairs
were needed for the Abbey to
accommodate the guests. Later,
these could be purchased by
their users as souvenirs of the
occasion. Croome has three;
one from each of the coronations
of Edward VII, Gorge V and
George VI. In 1953, at our late
Queen's Coronation, the 11th
Earl of Coventry was too young
to have been invited. So there is
no chair for that event although
they were the same design as



those for her father but with a



Coronets

different colour and cypher. At the recent coronation, much was made by the BBC commentary of the comfort of the coach on which the King and Queen travelled from Buckingham Palace to the Abbey compared with that of the Golden State Coach in which they travelled back. The latter was commissioned for the coronation of King George III (the king who visited Croome Court) but it was not ready in time. However, it has such a splendid appearance that it has been much used since then. It weighs four tons and requires eight horses to reach walking pace. Also, because of its suspension on leather straps, the ride was described by Oueen Victoria as having "distressing oscillations" and by Queen Elizabeth as "horrible". One of those involved in its construction was Joseph Wilton who carved the sculptures that the coach carried. It was he who carved the splendid fireplace in Croome Court's Long Gallery to a design by Robert Adam.

In the Crown Jewels, one of the notable pieces is the Koh-I-Noor diamond. The name, in Persian, means 'Mountain of Light' and the diamond is one

of the largest in the world. In the early 1800s it was part of the jewel collection of the Maharajah of Lahore but in 1849 the ten-year-old Maharajah, Duleep Singh was deposed by the East India Company and Oueen Victoria became the new owner of the diamond. The young Maharajah was sent to England where he became an accepted member of High Society. When he married, he produced six children. His eldest son and heir, Prince Victor Albert Jay Duleep Singh went on to marry Lady Anne Blanche Alice Coventry the third daughter of the 9th Earl. For some reason Queen Victoria's permission was needed for this marriage to take place. It seems the Queen agreed but only if they undertook to have no children. Very odd. Although the Koh-i-Noor has been in Persian, Pakistan and Afghanistan hands, some in India are today demanding its return. So, to avoid controversy, the crown in which that diamond is set was not used in this coronation.

(I am indebted for much of this information to Croome's Nicola Hewitt whose research of this subject was very thorough.)





Coffee Break

1 2 3 4 5 6 7 8 9 11 11 11 11 12 13 14 15 16 16 17 18 19 20 23 24 25 20 20 25

Across

- 7 Perch (5)
- 8 Hug (7)
- 10 Poorly matched (7)
- 11 Infectious agent (5)
- 12 Shout of discovery (6)
- 14 Mistake (4-2)
- 17 Showy and cheap (6)
- 19 Hue (6)
- 21 Mistaken (5)
- 23 Small bag (7)
- 24 Cap attachment (7)
- 25 Fertile area in a desert (5)

Down

- I Altercation (8)
- 2 D-i-y beer (4-4)
- 3 Hit (6)
- 4 Exchange for money (4)
- 5 Two identical things (4)
- 6 Military dining room (4)
- 9 Chamfer (5)
- 13 Some (3)
- 14 Not sweet (3)
- 15 Foretell (8)
- 16 Render immobile (8)
- 18 Majestic (5)
- 20 Choice (6)
- 21 Small songbird (4)
- 22 Rowing levers (4)
- 23 Drinks slowly (4)

Sudoku

3	5							
	8	6			3			5
7		4		5			8	
		5	4		9			1
	6	2				4	5	
4			5		8	2		
	4			3		8		2
5			2			7	3	
							1	6

Each row and column must contain the numbers from one to nine, without repetitions.

					9	1		
8			6					5
4	9			5	2			
	2						5	3
		8		2		9		
3	4						6	
			8	6			1	7
1					4			8
		4	7					

Crosswords Sudoku Wordsearches Jigsaw puzzles

also available to play online for FREE



visit: www.powicktimes.com/ coffeebreak

General Wordsearch

S K T S E GA P S S RN OMOU L D D E S G G T A 0 Т E T 0 M H D

BIOMETRIC CAD **CELLO** COLLECT **ELMS END EURO** FIAT **FISTS FLAG** HADN'T HAM HOT LIEN MAKE **MINOR MOULDED OILS**

RAGE RAP SIFT SILL SONIC SPIN **STUMP** SWISH **TEAPOTS** TIE **TREETOPS TROWEL TWIG** TWO-DAY **WALLS** WHIT WIT

May Answers



Poets' Corner

A Shropshire Lad

On your midnight pallet lying Listen, and undo the door: Lads that waste the light in sighing In the dark should sigh no more; Night should ease a lover's sorrow; Therefore, since I go to-morrow;

Pity me before. In the land to which I travel, The far dwelling, let me say-Once, if here the couch is gravel, In a kinder bed I lay, And the breast the darnel smothers Rested once upon another's When it was not clay.

XII

When I watch the living meet, And the moving pageant file Warm and breathing through the street Where I lodge a little while,

If the heats of hate and lust In the house of flesh are strong, Let me mind the house of dust Where my sojourn shall be long.

In the nation that is not Nothing stands that stood before; There revenges are forgot, And the hater hates no more:

Lovers lying two and two Ask not whom they sleep beside, And the bridegroom all night through Never turns him to the bride.

A. E. Housman 1859-1936

Spot & Shop -May Winners

- 1) Mandy Jones
- 2) A Goodchild
- 3) Juliet Day
- 4) Valerie Dallimore

Last month's answer: Intention Therapy

Fun Quiz!



- 1. Who made the first ever human voice recording in 1877 when he recited 'Mary had a little lamb'?
- 2. In the film and TV show, 'Blue Thunder', what was Blue Thunder?
- 3. Annie Lennox and Dave Stewart made up which band?
- 4. Which is the furthest North; Blackburn, Blackpool, Bradford or Burnley?
- 5. Which George Created 'Star Wars'?
- 6. Steve Tyler is lead singer with which American rock group?
- 7. In which English county is Lands End found?
- 8. A baby badger can be called a cub or what other name(s)?
- 9. What was Beethovens first name?
- 10. Who wrote the book, 'Swallows and Amazons'?

- 11. Gymnophobia is the fear of what?
- 12. Who was Englands first ever Million pound footballer?
- 13. What was the name of Bruce Lee's final film?
- 14. Where did King John sign the Magna Carta?
- 15. In what year did the miners strike end?
- 16. What is the 6th planet in our Solar System?
- 17. Where in the body would you find 'The Bowmans Capsule'?
- 18. In which park would you find London zoo?
- 19. Linseed oil comes from which plant?
- 20. Red Iron Oxide is more commonly known as what?

16. Saturn 17. Kidney 18. Regents PArk 19. Flax 20. Rust 12. Trevor Francis 13. Enter The Dragon 14. Runnymeade 15. 1985 7. Cornwall 8. Kit or Cete 9. Ludwig 10. Arthur Ransome 11. Nudity or nakedness 1. Thomas Edison 2. Helicopter 3. Eurythmics 4. Blackpool 5. Lucas 6. Aerosmith

COMPETITION TIME!

Take a look at the anagram The answer is the name of a business that is advertising in the Powick Times this month

month's anagram ALF MORPH SILVERS

This month's prizes!

1st - £25 cash Donated by Powick Times

2nd - Coronation Jigsaw Value £20

3rd - Reg Moule's Gardening Diary Value £10

4th - Pat's Pantry -Jar of home-made marmalade

Complete and return this form or email: news@hughes.company for your chance to win!

Powick Times closing date: 30th July 2023

Name:

Telephone/email:

Return to: Powick Times, Hughes & Company 8 Church Street, Pershore Worcestershire WRIO IDT









Rural Reels Films

Callow End Village Hall
Doors open at 7.00pm
Film starts at 7.30pm

Tickets can be bought on-line and will also be available on the door subject to availability.

No bar.You are welcome to bring your own drinks and snacks.Tea, coffee and squash will be served.

We are currently planning our next season of films which we hope to show starting in September 2023

Advertise your event here!

Powick Times

email: news@hughes.company

Tel: 01386 803803

7th Worcester Scouts Powick & Callow End Group

We are the UK's biggest mixed youth organisation. We change lives by offering 6 to 25-year-olds fun and challenging activities, unique experiences, everyday adventure and the chance to help others so that we make a positive impact in our communities.

Parish Hall, Malvern Road, Powick, Worcester WR2 4RT www.scoutshw.org.uk

BPGC MEETING USUALLY THIRD SATURDAY EACH MONTH.



GARDEN VISITS,
COACH TRIPS TO
INSPIRATIONAL GARDENS.
GARDEN & WILDLIFE
TALKS, PLANT SALES,
FRIENDLY GROUP.
VISITORS AND
NEW MEMBERS
WELCOME.



NDOOR MEETINGS 2.30PM
POWICK PARISH HALL.
MEMBERSHIP £7.50/YEAR.
MEETINGS MEMBERS £2.50
NON-MEMBERS £5.00

www.blackpeargc.org.uk Brian. 01684311297



Reg Moule

In addition to his award winning media work
Reg is also available to speak at
Gardening Societies and other organisations something that he has been doing regularly since 1972.

If you would like Reg to visit your group please email reg.moule@gmail.com for further details and to check availability.

Powick Times today!

Daily online newspaper! 10500 followers

Free daily news items, which we are unable to cover in the monthly publication.

www.powicktimes.com

i-Sing Choirs

TUESDAYS

Tewkesbury i-Sing Choir - 10.15am until 11.45am

The Hall (Next to Tewkesbury Abbey), 50 Church Street, Tewkesbury GL20 5SN

WEDNESDAYS

Malvern i-Sing Choir -10.15am until 11.45am

Eden Church, Grovewood Road, Malvern wR14 1GD

Phone: 0845 838 2202

Email: helen@i-singchoirs.co.uk

Don't Risk your home and wealth any longer -

Start Protecting them today!

A Lasting Power of Attorney ("LPA") is a one off best insurance that you could ever invest in. If, for whatever reason, a person loses capacity because of accident or illness, it allows for your family or friends to manage your clinical or financial needs. There are so many examples where the local authority will attempt to control someone who needs help. They will force the sale of your property.

According to the Alzheimer's Society more than one million people in the UK will have dementia by 2025 the statistics for women is significantly higher amongst women than men

If one joint account holder loses mental capacity, banks or building Societies can decide whether they will restrict the use of the account for essential transactions.

Should that happen, then the family have to deal with the Court of Protection and they

are a nightmare. They do not understand the word Urgency let alone spell it. The writer has terrible first hand experience with a family member.

The Pershore Times have made a special arrangement with Resolve Law Group on behalf of their readers using the Newspaper Code PT75.

The arrangement is that the fee

The arrangement is that the fee for each LPA is £175.00 plus the fee to the Office of the Public Guardian of £82.00. Any person should have this in place whether you are 30 or 70 years old.



Resolve Law group Call: 01905 391939 or 07785 500432

Email:

Peter. Jewell@Resolve Law Group. co. uk

Group Head Office, Resolve Law Group Tudor Court, Droitwich WR9 7IY

Powick Times

Telephone 01386 803803
Proprietor/Editor Alan Hughes
To advertise
nail: advertising@hughes.comp

email: advertising@hughes.company
For editorial

email: news@hughes.company

Facebook: PowickTimes Twitter: @PowickTimes

To receive the PowickTimes by email visit

www.powicktimes.com

enter your name and email address

Published by

Hughes & Company, 8 Church Street, Pershore WR10 1DT www.hughesprinters.co.uk

Circulation 3000 printed copies, email edition for PC, iPad and smartphones and the online daily today!

Opinions expressed in letters and articles published are not necessarily those held by the Editor or the publishers of the Powick Times.

The Publishers of the Powick Times hold no responsibility for the

accuracy of any details contained within the advertisements.

Copy Deadline August Issue - 20th July 2023



Cost effective legal advice

Over 45 years experience

Available 24/7 365 days a year 10-12 hours a day

Resolve Law Group is a team of experienced legal advisers who combine flexibility and dedication to provide a value for money approach to helping our clients with both personal and business matters. As an unregulated law firm we've shed all the unnecessary costs that make helping people so expensive.

There's no receptionist, pre-recorded voice messages, or bookcases just for show here; we offer a very personal approach that's always honest, friendly and simple without compromising on expertise.

Our Services

Commercial litigation - we understand the damage that disputes can do to your business. They cause stress and prevent you doing what you need to be doing to grow your business. Resolve Law Group is here to help take away the worry and help you get back to business as usual. We cover a range of commercial litigation from disputes to contracts to debt recovery.

• Lasting powers of attorney

Sorting out your lasting power of attorney gives you complete peace of mind that should you become unable to look after your own affairs, someone you trust can. Without a lasting power of attorney in place even your spouse, partner or children will find it difficult and expensive to be granted permission to handle your affairs.

We can make sure that the person taking charge over decisions regarding your health, welfare, property, and finances is the person you want and trust.

• Deputyships & Wills

Should the worst happen you want to make sure that the people you care about are taken care of. Even if you already have a will it's advisable to review it regularly as your circumstances change over time. At Resolve Law Group we can handle everything to ensure that your assets will go to your loved ones, guardians for your children are in place, and directions regard ing your funeral arrangements.

• Family matters & divorce

Whether it's divorce, separation, financial arguments, cohabitee agreements, child custody, or domestic violence, you can be confident that we'll handle your family matters with discretion, empathy, sympathy and professionalism in order to find a positive solution.

• Employment & HR

When you're running a business you can't afford for employment and HR matters to slow you down. Thanks to our personal approach we can work closely with you to give you bespoke advice and help you stay ahead of legislation that is constantly changing. We'll give you peace of mind and help you understand exactly what you need to do to avoid disruption to your business.

Aviation law

Aviation law can be turbulent but we are here as your co-pilots to navigate a way through it. From insurance to regulation we have the expertise and experience to help individuals and businesses with all things aviation.

• Sports law

Whether you're an athlete, team, or club, Resolve Law Group can help anyone involved with the sports sector on legal issues. We help individuals and their representatives negotiate terms and terminations, and help them understand laws and regulations. We also help teams and clubs with negotiations, regulations, insurance, and compensation.

Contracts & agreements

We can provide businesses and sole traders expert advice with their contracts and agreements as well as helping with drafts and negotiations. It's not just about getting the job done, it's also about helping you understand and use your documentation.

• Debt collection & enforcement

Unpaid debts cost your business; they can prevent you paying staff and suppliers, harming your reputation and creating uncertainty that threatens your future. That's where we come in. Resolve Law Group offers simple, fast, and efficient debt recovery advice and support.

Let us handle things...

Resolve Law group Call: 01905 391939 / 07785 500432

 ${\it Email: Peter. Jewell@Resolve Law Group. co. uk}$

Group Head Office
Resolve Law Group Tudor Court Droitwich WR9 7JY

Hughes & Company

Printers - Publishers
Bookbinders - Stationers
8 Church Street, Pershore WR10 1DT
Tel: 01386 803803
print@hughes.company
www.hughesprinters.co.uk
Four generations of printers









CURRENT OFFERS Max 1 of each offer per client	Usual Price	Offer Price
1ml Dermal Filler - Intro offer*	£250.00	£109.00
8 Point face Lift	£695.00	£339.00
Axillary Fold	£499.00	£249.50
Botox 1 area** (Muscle Freezing)	£125.00	£99.00
Control for excess sweating	£687.00	£343.00
Chemical Peel (per session)	£150.00	£75.00
Chin or Cheek Augmentation	£995.00	£595.00
Dermapen (per session)	£300.00	£145.00
Gummy Smile (Lower/top lip)	£272.00	£136.00
Jawline Enhancement	£1,400.00	£795.00

CURRENT OFFERS Max 1 of each offer per client	Usual Price	Offer Price
Fat Dissolving Treatment (for Face or Body)	£350.00	£199.00
Mesotherapy (per session)	£195.00	£97.50
Lumps, Mole, wart or skin tag (1 lesion)	£295.00	£69.00
Non Surgical Rhinoplasty	£497.50	£297.50
PDO for 1 facial area (Thread Lift)	£1,500.00	£399.00
PDO for under eyes, eye-bags (Thread Lift	£597.00	£229.00
Red Veins*** (4cm x 4cm area)	£472.50	£270.00
Tear Trough Dermal Filler (Under Eye)	£472.50	£239.00
Paris Lip	£595.00	£325.00
Body Piercing	£32.00	£22.00

^{*} Dermal Filler areas: Sleep Lines, Nose to Mouth Folds, Eyebrow Reshaping, Mouth Corners, Crows Feet, LIP VOLUME.

** Botox 1 area options: Forehead Lines, Frown Line, Eyelid Li t, Crows Feet, Bunny Lines and Smokers Lines.

***Red, Purple & Blue Veins.

10 Harley Street, London W1G 9PF / 13 High Street, Sunninghill, Ascot, Berkshire SL5 9NQ 261 Worcester Road, Malvern Link WR14 1AA

Flagship Harley Street Clinic is now in your town

Call 01344 627141